

Blue Lagoon (Lap Pool) Fall 2009 Schedule

Valid August 31 through December 31, 2009

***November 26th "Fit for the Feast" workout (Masters) 9-11am BL Pool \$9**

*Closed November 26, December 25 and January 1, 2010

November 27th, Youth Appreciation Day, Pool open 12 - 3pm ONLY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 9:00AM	Aquarobics 3 lanes Lap Swim Discount	Lap Swim Discount	Aquarobics 3 lanes Lap Swim Discount	Lap Swim Discount	Aquarobics 3 lanes Lap Swim Discount	Special Olympics 8 - 10 am Lap Swim Discount	
9:00 11:30AM	Open & Lap Swim Discount (before 10 am)					MS 11 - 12 pm (2 lanes)	Lessons 9:00-12 pm Lap Swim 9-12pm (3 lanes)
11:30AM 1:00:PM	Lap Swim (2 lanes) Deep Wtr Ex Masters (4 lanes) 12 - 1 pm	Lap Swim	Lap Swim (2 lanes) Deep Wtr Ex Masters (4 lanes) 12 - 1 pm	Lap Swim (2 lanes) Masters (4 lanes) 12 - 1 pm	Lap Swim (2 lanes) Deep Wtr Ex Masters (4 lanes) 12 - 1 pm	Deep Wtr Ex 10 - 11 am Lap Swim 10-12 pm (3 lanes)	Lessons 9:00 AM Noon
1:00 2:00:PM	Open & Lap Swim	MS Assoc Lap Swim 1-2pm	Open & Lap Swim	Open & Lap Swim	Little School	12:00 - 3:00 pm Open Swim	
2:00 3:00PM		Open/Lap Swim					
3:00 5:00PM	High School Swim Team practice BAC Lessons					3:00 - 7:00 Pool Rentals	3:00-5:00
5:00 7:00 PM	Lessons Chinook	Lessons Chinook Aquarobics 6-7 pm	Lessons Chinook	Lessons Chinook Aquarobics 6-7 pm	Chinook		Pool Rentals
7:00 8:00 PM	Open Swim	Open Swim	Open Swim	Discount Open	Open Swim		
8:00 9:00 PM	Lap Swim Deep Wtr Exercise	Lap Swim	Lap Swim Deep Wtr Exercise	Discount Lap Swim			

During Gray shaded times, pools are open only for those participating in the activities listed.

Children under the age of 6 or under 48" in height, must be accompanied by an adult and be within an arm's length distance at all times. One adult may accompany a maximum of two children.